

GLUTEN FREE BANANA BREAD

Ingredients:

4 TBS oil
1 cup brown sugar
1 egg
2 egg whites
3 ripe bananas, mashed
1 tsp gluten-free Vanilla
2 TBS milk
1 tsp vinegar
½ c. white rice flour
½ c. sweet rice flour
½ c. brown rice flour
¼ c. soy flour
2 TBS potato starch
2 TBS tapioca starch
½ tsp Xanthan gum
1 tsp cinnamon
2 tsp baking soda



Directions:

Combine both sets of ingredients, then mix, pour into 9x5 loaf pan rubbed with oil.

Bake at 350 for 50 minutes or until toothpick comes out clean.

Yummy with cream cheese or butter or plain.



Daryl Wood Gerber
TASTY ~ ZESTY ~ DANGEROUS

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