

HAM AND PINEAPPLE QUICHE

Ingredients:

- 1 pie shell (home baked or frozen)
- Dash of white pepper
- 2 slices pineapple, fresh, diced.
- 2 oz. sour cream
- 2 oz. light cream or whipping cream
- 2 oz. milk
- 2 eggs
- 1 Tbs. brown sugar
- Dash of cinnamon
- 2 oz. shredded Edam or Cheddar or Monterey Jack cheese
- 4 slices thin ham [I use Applegate Farms Black Forest Ham], diced.



Directions:

- Sprinkle white pepper on pie shell.
- Arrange meat in pie shell. Arrange pineapple on top. Sprinkle with sugar.
- Mix milk, creams, and eggs.
- Pour into pie crust.
- Sprinkle with cheese. Dash with cinnamon.

Bake 35 minutes at 375 until quiche is firm and lightly brown on top.



Daryl Wood Gerber
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